MANAGING STRESS IN THE COMING WEEKS

You may or may not be aware of this, but the semester is rapidly drawing to a close. There are a mere two and a half weeks of classes remaining; yes, there are only 13 days until reading period begins.

When you look at it this way, it’s easy to get incredibly stressed about the next few weeks. However, the Hare Today is here to help; below is a day-by-day schedule to keeping your final 13 days of classes low-stress.

Monday, 4/14: Take the day off to recover from Yardfest. I mean, Yardfest is more or less Harvard-mandated fun; they even shut down the dining halls to force people to go!

Tuesday 4/15: You know, that new Captain America movie is really good. Everyone’s been telling you to see it. Why not go see that? And you know, matinee prices are so much better; it just makes sense to skip all of your classes to get the best price.

Wednesday 4/16: Boston has a great music scene, but the semester is so busy that it’s hard to find time to go to a live concert. Go to one today!

Thursday 4/17: You were probably out late last night at the concert. Why not sleep in to make up for it, even if it means missing classes? You’ll get caught up, no worries.

Friday 4/18: You know, you don’t leave the Harvard Bubble nearly enough/ Why not take a long weekend and go on a trip to New York or Maine or Canada or the moon or something. Take off, it’s been a rough week and you deserve it!

Weekend: Trip (see above)

Monday, 4/21: Your trip was probably incredibly stressful, and no one likes Mondays anyway. Take off to recover from your weekend adventure.

Tuesday 4/22: You know, that Captain America movie was really good. Why not go see it again? And might as well go for another matinee.

Wednesday 4/23: Meh. You might as well go to classes. You are a student, after all.
Spring time is here at last, and we couldn’t be more excited. Spring’s long awaited arrival calls to mind some spring-y situations.

Daylight’s Saving Time - We “sprang” forward this year at 2:00 AM on Sunday, March 9th. Just what everyone needed: a shorter weekend.

Spring Training - Beginning in February, baseball players and fans alike flock to Florida and Arizona to prepare for Opening Day. While this doesn’t affect the average Harvard student very much, the names of the spring leagues are quite entertaining. Florida’s league? The Grapefruit League. Arizona’s? The Cactus League.

Spring Breakers - You may have found this 2012 film to be a little more intense than you were hoping for, but one thing is for sure: James Franco playing a Riff-Raff style rapper/gangster is always worth seeing. Spring Break fo eva.

Spring Chicken - Remember this expression that people use to mean “old”? As in, “You probably shouldn’t keep hogging the monkey bars. There are preschoolers waiting and you’re no spring chicken anymore.” Alternatively, this phrase could refer to a new seasonal HUDS dish. Fingers crossed.

“I’m Sprung” - I’m not sure this one actually has anything to do with spring time, but it’s always the right time of year to dust off an old classic by the always delightful T-Pain.

Spring Break - Can’t we have two this year? Please?

Spring Cleaning - …… naaa